


Specimen Collection Instructions

Name of test:	Selenium, Serum	
Contact Info:	Bio-Center Laboratory 3100 North Hillside Wichita, KS 67219 P 800.494.7785 or 316.684.7784 F 316.682.2062 www.biocenterlab.org	
Specimen:	Serum	
Specimen Collection:	Collect blood in dark blue top (trace element--non-additive) tube. Let clot for at least 30 minutes. Centrifuge at 3500 rpm for 10 minutes. Pour or pipette serum into a metal-free plastic transport tube. Centrifuge at 3500 rpm for 10 minutes. Pour serum into second metal-free plastic transport tube and freeze. <i>*Make sure Patients name and time /date of collection is on transport tube.*</i>	
Specimen Volume:	1.5mL (minimum 0.5mL)	
Patient preparation:	None	
Specimen shipping:	Freeze specimen and cold pack. Place specimen and a completed Bio-Center Lab test requisition form in the biohazard specimen bag. Place bag and cold pack in the Styrofoam box and tape closed. Place the box inside the FedEx Clinical Pak provided. Write your name and address in the "From" section on the prepaid label. Keep the orange receipt copy for your records. You may drop off the package at any FedEx or FedEx Kinko's location. For FedEx shipping questions, call 1-800-GOFEDEX. Specimens must be shipped Monday – Thursday by FedEx overnight delivery. The lab is closed on weekends and holidays. Avoid shipping specimens around these days. If you are located outside of the Continental United States, you must make your own shipping arrangements.	
Turn around time:	1 week	
Special Instructions:	None	