


## Specimen Collection Instructions

<b>Name of test:</b>	<b>HAIR ELEMENT PROFILE (16 ELEMENTS)</b>	
Contact Info:	Bio-Center Laboratory 3100 North Hillside Wichita, KS 67219 P 800.494.7785 or 316.684.7784 F 316.682.2062 <a href="http://www.biocenterlab.org">www.biocenterlab.org</a>	
Specimen:	Hair	
Specimen Collection:	Obtain hair samples from several locations at the nape of neck running from ear to ear. Sample should include only hair cut from next to the scalp & which is two inches or less in length (measured from the scalp end of the hair sample). Dispose of excess length of hair sample if greater than two inches.	
Specimen Volume:	1 gram of hair, minimum 250 mg	
Patient preparation:	None	
Specimen shipping:	Seal hair in ziplock bag provided. Place specimen and a completed Bio-Center Lab test requisition form in shipping envelope provided and send via USPS or foreign country postal service.	
Turn around time:	7 - 10 days	
Additional Information:	Nutrient Elements Tested: Zn, Cu, Ca, Mg, Mn, Cr, K, Na, Mo, Se, Fe Toxic Elements Tested: Cd, Pb, As, Al, Hg	